

Post-Operative Instructions after Toenail Surgery

- 1. Keep foot elevated.**
- 2. Remove bandages next day.**
- 3. Soak foot 2 times per day for 5-10 minutes in warm water with Epsom salt or soap (your bath or shower will count for one of the soaks).**
- 4. Apply a regular bandage with a small amount of Neosporin to your toe 1 time per day. Keep the toe bandaged every day until your next appointment.**
- 5. Appointment date: _____**